

From equation 1.35:

$$\int_V (\phi \nabla^2 \psi - \psi \nabla^2 \phi) d^3x = \int_S (\phi \frac{\partial \psi}{\partial n} - \psi \frac{\partial \phi}{\partial n}) da$$

Now, set $\psi \rightarrow \phi'$

$$\text{we know } \nabla^2 \phi = -\rho/\epsilon_0, \text{ and } \nabla^2 \phi' = -\rho'/\epsilon_0$$

$$\text{as well as } \sigma = \epsilon_0 \frac{\partial \phi}{\partial n} \text{ and } \sigma' = \epsilon_0 \frac{\partial \phi'}{\partial n}.$$

Plug these in and we get:

$$\int_V (\phi \nabla^2 \phi' - \phi' \nabla^2 \phi) d^3x = \int_S (\phi \frac{\partial \phi'}{\partial n} - \phi' \frac{\partial \phi}{\partial n}) da$$

$$\int_V (\phi \rho - \phi' \rho') d^3x = \int_S (\phi \sigma' - \sigma \phi') da$$

Then break up integrals:

$$\int_V \rho \phi' d^3x + \int_S \sigma \phi' da = \int_V \rho' \phi d^3x + \int_S \sigma' \phi da \quad \square$$

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